DID YOU KNOW?

Most children in Haiti eat one meal a day of rice and beans. Chicken is saved for special occasions like Christmas or Easter. 60% of Haitians live in poverty so they go to bed hungry a lot.

LET'S THINK ABOUT THAT...

What is your favorite food? Could you eat it every day?

What food would you pick on a special occasion?

HOW CAN WE HELP?

It only costs $6.25 to feed a child chicken three times a week for a month. What are some things you've spent about $6.25 on this week?

Could we give up a fast food meal this month? What else can our family do without in order to help?